



Community Health Improvement Plan – 2017-2019

OBESITY

Inland's Goal:

Stop upward trend of obese weight classification among Inland Family Care pediatric patients ages 2-18

Primary Objective:

Increase number of registered Let's Go! school, out-of-school, and childcare sites in Northern Kennebec County.

MENTAL HEALTH

Inland's Goal:

Increase access to outpatient mental health services

Primary Objective:

Increase the number of individuals receiving Mental Health First Aid training

SUBSTANCE ABUSE

Inland's Goal:

Reduce prescription drug abuse and misuse in Inland's service area

Primary Objective:

Increase behavioral health staff in women's and primary care settings

POVERTY/ECONOMIC OPPORTUNITY

Inland's Goal:

Reduce the poverty rate among adults living in Somerset County

Primary Objective:

Designate Inland Community Benefit program funding to support public transportation

OPIOID HARM REDUCTION

EMHS Goal:

Reduce rates of opiate prescribing by EMHS member organization providers

Primary Objective:

Increase the number of Inland provider offices providing patient education materials about prescription opiate drug safety

HEALTHY FOOD ACCESS

EMHS Goal:

Improve access and availability of healthy food and beverage options at EMHS foodservice environments

Primary Objective:

Increase the number of new or improved policies, environments, and systems to improve availability of healthy foods at Inland Hospital

