



Preparing for Your Colonoscopy at Inland Hospital

You play a critical role in preparing for your colonoscopy, so please take the time to read this guide thoroughly.

An Inland Hospital endoscopy nurse will call you a few days before your exam to answer your questions and discuss any concerns you may have, but please feel free to contact us at any time.

We look forward to caring for you during your colonoscopy!



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About Colonoscopy

A colonoscopy is an examination of the lower digestive tract. It is used to look for early signs of cancer and is also used to diagnose the cause of unexplained changes in bowel habits. Colonoscopy allows the physician to see inflamed tissue, abnormal growths, such as polyps, ulcers and bleeding.

For more information about colonoscopy, visit our web site at:

www.inlandhospital.org.
Click on the Healthy Living Library, then Health Info. Choose the letter 'C' for colonoscopy.

CHECK-IN PROCEDURE

On the day of your colonoscopy, please go directly to hospital registration, located in the front lobby. **Please plan to arrive at least one-hour before your exam.** Prior to your exam, you will be informed if an EKG is required. If an EKG is needed, you will be asked to arrive two hours prior to your exam.

PLEASE NOTE:

Be sure you make transportation arrangements for the day of your exam. Someone must take you to and from the hospital as you will be unable to drive due to the anesthesia. You will not be able to return to work the same day.

If you have not made arrangements for someone to transport you on the day of your colonoscopy, your exam will need to be cancelled and rescheduled for another day when these arrangements can be made.